



# 2015 Activities Programme

Difficulty levels are based on Australian standard AS 2156.1-2001 for bush tracks, as modified by the website Wildwalks, a free online bushwalking and camping guidebook for NSW. Details of the classifications are available at <http://www.wildwalks.com/bushcraft/technical-stuff/track-classification-system.html>.

'Easy' is class 1-2, 'Moderate' is class 3-4, 'Hard' is class 5-6

Day Walks				
Day/Date	Duration & Distance	Location	Difficulty	Remarks
Sat 14 <sup>th</sup> Feb	½ day 4.9 km	<a href="#">Jerusalem Bay Track</a> Ku-ring-gai Chase National Park	Moderate	We haven't done this for three years! From Cowan Station to one of the most iconic views along the Great North Walk and back. A delightful walk suitable for kids.
Sun 28 <sup>th</sup> Feb	6½ hrs 5-25 km	<a href="#">NSW Rogaining Association Metrogain</a> LaneCoveRivergain	Easy to Hard (it's up to you)	A 6½ hour event for teams of 2 to 5, including kids; you choose between a fast street run or a puzzle-solving stroll or somewhere between
Sat 14 <sup>th</sup> Mar	1 day 11.3 km	<a href="#">Berowra Station to Berowra Waters and return</a> Berowra Valley National Park	Moderate	We great walk we haven't done since 2010. A well-formed track with fantastic views from Naa Badu lookout, lunch at Berowra Waters then return.
Sat 18 <sup>th</sup> Apr	1 day 10.8 km	<a href="#">Mt Ku-ring-gai station to Berowra station</a> Berowra Valley National Park	Moderate to hard	Another excellent walk we haven't done for three years. Down beautiful Lyrebird Gully to Berowra Creek, follow the creek and finish with a steep climb to Berowra.
Sat 16 <sup>th</sup> May	4 hrs 8.1 km	<a href="#">Wondabyne Station to Kariong Brook waterfall</a> Brisbane Waters National Park	Hard	Repeating a walk from 2014 that follows a section of the Great North Walk to the beautiful Kariong Brook falls. Starting from the isolated train station, the walk explores an area of the park with great views of the surrounding waterways.
Sat 20 <sup>th</sup> Jun	4½ hrs 9.8 km	<a href="#">Burrawang walk &amp; Cape Baily Track</a> Kamay Botany Bay National Park	Easy to moderate	Another repeat from 2014, this walk tells the story of the first meeting of European and Aboriginal culture, then explores the great views on the way to the Cape Baily Lighthouse, hopefully with whale sightings.
Sat 18 <sup>th</sup> July	4 hrs 10.2 km	<a href="#">Thornleigh Station to Hornsby Station</a> Berowra Valley National Park	Hard	Follows the Great North Walk from the southern end of Berowra Valley visiting a range of environments from moist fern forest to the drier grass tree and eucalypt forests of the ridge.

Day Walks					
Day/Date	Duration & Distance	Location		Difficulty	Remarks
Sat 15 <sup>th</sup> Aug	5½ hrs 15.1 km	<a href="#">Middle Harbour Creek Loop</a> Garigal National Park		Moderate to hard	Explores the upper reaches of Middle Harbour Creek, starting and ending at the great parklands at Davidson Park. There are several sandstone overhangs, plenty of water views and most of the walk enjoys shade from the surrounding bushland.
Sat 19 <sup>th</sup> Sep	½ day 6 km	Deerubbin Lookover	<a href="#">Muogamarra Nature Reserve</a>	Easy to Moderate	Our traditional Spring walk. The Muogamarra Nature Reserve is open just six weekends a year. Magnificent wildflower displays and outstanding views over the Hawkesbury River.
	6 hrs 10 km	Peats Crater Walk		Moderate to hard	
Sat 17 <sup>th</sup> Oct	3 hrs (+ travel time) 6.1 km	<a href="#">Faulconbridge to Springwood via Sassafras Gully</a> Blue Mountains National Park		Moderate to Hard	This is an enjoyable walk through the valleys joining Faulconbridge and Springwood using the Victory and Sassafras Gully tracks. About 3½km has short steep hills, another 1½km is very steep, the rest is flat with no steps.
Sat 14 <sup>th</sup> Nov	4 hrs 8.2 km	<a href="#">Dee Why Lagoon to Long Reef Headland &amp; Dee Why Headland</a>		Easy to Moderate	Two walks set up by the Warringah Council to explore the sensitive coastal ecosystem and spectacular views south to Manly and north to Narrabeen. Well-defined pathways, steps and a reasonable amount of sand/beach walking.
Sun 22 <sup>nd</sup> Nov	6 hrs 5-25 km	<a href="#">NSW Rogaining Association</a> <i>Socialgaine</i> TBA		Easy to Hard (it's up to you)	A 6 hour event for teams of 2 to 5, including kids; you choose between a fast street run or a puzzle-solving stroll or somewhere between
Sat 19 <sup>th</sup> Dec	1 day 9.1 km	<a href="#">Manly Scenic Walkway</a> Sydney Harbour NP		Easy to Moderate	Our standard end of year walk from the Spit Bridge to Manly provides beautiful views over Middle Harbour & finishes at the Steyne Hotel.

## Overnight & Longer Walks

Day/ Date	Duration & Distance	Location	Difficulty	Remarks
21 <sup>st</sup> - 22 <sup>nd</sup> Mar	2 days 25 km	<a href="#">Newnes to Rocky Creek</a> Wollemi National Park	Easy to Moderate	The Wolgan Valley is rimmed by massive cliffs and is one of the most impressive gorges in the state. This walk goes down the river on the old fire trail from the main campsite at Newnes to a campsite at the junction with Rocky Creek, then returns the next day.
6 <sup>th</sup> - 8 <sup>th</sup> Jun <i>(Queen's Birthday Weekend)</i>	3 days 26 km	<a href="#">Victoria Falls and Grose Valley to Blackheath Station</a> Blue Mountains National Park	Hard	This walk explores a fantastic section of the Grose Valley. Starting above Victoria Falls, the walk explores the cascades before dropping into the valley for the first nights rest at Burra Korain campsite. The walk then heads down through the valley to the Blue Gum Forest before camping at Acacia Flats for the night. On the last day the walk heads up Govetts Creek, past Bridal Falls and Govetts Leap, then follows Pope's Glen to the station. The distance each day allows time to stop, explore and enjoy the fantastic scenery.
5 <sup>th</sup> - 6 <sup>th</sup> Sep	2 days 19 km	<a href="#">Glenbrook Station to Lapstone Station via Euroka</a> Blue Mountains National Park	Moderate to Hard	This walk covers large sections of the Glenbrook Gorge as well as travelling up onto the ridges to pass Red Hands Cave and camp the night at Darug camping area. This is a wonderfully picturesque and challenging walk.
3 <sup>rd</sup> - 5 <sup>th</sup> Oct <i>(Labour Day Weekend)</i>	3 Days 29 km	<a href="#">Mt Solitary-Kedumba River-Wentworth Falls</a> Blue Mountains National Park	Hard	This spectacular three day walk circles the Jamison Valley and is packed with great views and beautiful scenery. There are some very steep and challenging climbs and a real sense of remote wilderness.